

Immunological Role of Vitamin D in Skin Diseases and Carcinoma

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Abstract

Growing evidence attests to the vital role vitamin D plays in the dynamics of the immune system. Active $1,25(\text{OH})_2\text{D}_3$ binds to the vitamin D receptor (VDR) to form a ligand-activated receptor complex able to control transcription in the nucleus. We examined the various mechanisms through which vitamin D_3 alters and enhances immune responses in a variety of skin conditions, as well as the pathways it activates to inhibit the progression of tumors and carcinomas. The hormone primarily elicits a change as either an inflammation modulator or cancer suppressor. Also addressed are current advancements in vitamin D treatment methods through the development of novel analogs.

Key words: Vitamin D, Skin Diseases, Carcinoma

Introduction

Vitamin D synthesis begins with the cutaneous precursor 7-dehydrocholesterol. After absorbing UVB radiation, 7-DHC is converted to pre-vitamin D_3 , which further reconfigures into cholecalciferol. Lipid-soluble cholecalciferol then proceeds to either adipocytes for storage or to the liver, where 25-hydroxylase converts the compound to calcidiol or serum-25(OH)D. To become the activated form of vitamin D, calcidiol must be hydroxylated again by a second 1-alpha hydroxylase (CYP27B1), expressed abundantly in the skin and kidneys, to calcitriol or $1,25(\text{OH})_2\text{D}_3$. This active form binds with the vitamin D receptor (VDR) to effectuate a host of transcriptional pathways. Once a vitamin D response has completed, 25-hydroxyvitamin D-24-hydroxylase (CYP24) renders both serum-25(OH)D and $1,25(\text{OH})_2\text{D}_3$ inactive as hydrophilic calcitroic acid to terminate the vitamin D/VDR pathway. [1] Vitamin D primarily maintains the skeleton and mineral

metabolism by enhancing calcium absorption in both bone tissue and the intestinal tract. This aid in calcium uptake promotes osteoclast differentiation and improves bone matrix mineralization. [2] The vitamin D receptor is present in the nuclei of various immune cells. Volumes of studies have shown that vitamin D_3 modulates both the innate and adaptive immune responses by governing lymphocyte activation, survival, differentiation, and maturation. Active $1,25(\text{OH})_2\text{D}_3$ functions overall as both an inflammatory modulator and cancer suppressor.

Vitamin D in the Immune System

Part of innate immunity, dendritic cells are antigen-presenting cells (APC) critical in initiating the CD4^+ T cell response. Inflammatory stimuli such as lipopolysaccharides (LPS) trigger dendritic cell maturation, which compromises their antigen-capturing ability for an increase in their

co-stimulatory capacity for T cell activation. [3] Initial exposure of dendritic cells to inflammatory antigens boost the synthesis of loaded class II MHC molecules with extended half lives, with the ability to activate T cells over a span of multiple days.

1,25(OH)₂D₃ inhibits this LPS-induced maturation by maintaining the immature dendritic cell phenotype, characterized by high mannose receptor expression and low CD83 expression. Meanwhile, it significantly reduces the production of co-stimulatory molecules CD40, CD80, and CD86 and of class II MHC molecules needed for dendritic cells to stimulate alloreactive T cells. [4] Vitamin D also hinders adult cell activity by promoting apoptosis in mature dendritic cells and reducing their production of interleukin 12 (IL-12), a key cytokine generated by B cells and monocytes necessary for T-helper 1 cell development. [5]

Vitamin D₃ impacts adaptive immune lymphocytes as well. Central to the adaptive immune network are T-helper cells. T-helper 1 (Th1) cells are a subset of CD4⁺ effector T-cells associated with adaptive cellular immune responses. 1,25(OH)₂D₃ suppresses Th1 function by suppressing gamma interferon (IFN- γ), inhibiting Th1-induced IgG2a activity. [6]

Another group of interleukin-17 (IL-17)-producing helper T cells (Th17 cells) are believed to drive the inflammatory tissue injury in several autoimmune pathological processes because they are often present at the sites of tissue inflammation in autoimmune diseases. [7] Further research points to the role active vitamin D₃ plays in autoimmune diseases through its control of the interleukins attributed to the disorders. 1,25(OH)₂D₃ halts the expression of IL-17A in both human and mouse Th17 cells. The VDR receptor complex mediates the transcriptional repression by reducing Runt-related transcription factor 1 (Runx1), inducing Foxp3 production. [8]

This hormone also inhibits IL-17A production in the T cells of both multiple sclerosis and early rheumatoid arthritis patients. [9] IL-17 production and γ interferon production by Th17 cells of both control groups and those with multiple sclerosis declined after the cells were treated with vitamin D. The declines in cytokine levels occurred because T cells constitutively express CYP27B1, the gene encoding 1 α -hydroxylase, and are therefore able to produce active vitamin D from a 25(OH)D₃ precursor. [10] In addition to impacting T cells, vitamin D₃ has been shown to suppress proliferation and immunoglobulin production in a range of normal human peripheral blood mononuclear cells. [11]

B cells, another branch of the secondary immune

response, are antigen-presenting cells capable of activating lymphocytes and preserving immunological memory. In a different experiment on cells from patients with autoimmune lupus erythematosus, vitamin D₃ was capable of stimulating apoptosis in activated B cells in addition to suppressing their proliferation. It also halted the differentiation of plasma cells. Research suggests vitamin D₃ controls this essential B cell homeostasis by increasing p27 expression without impacting p18 and p21 expression, making it a strong candidate for treating B-cell associated autoimmune diseases. [12] Notably, pre-incubating cells with 1,25-vitamin D₃ considerably decreases both spontaneous and stimulated immunoglobulin production in B cells of active lupus patients. [13]

A subpopulation of T lymphocytes, regulatory T cells (Foxp3⁺ Tregs) maintain immune tolerance and safeguard against autoimmune reactions by removing self-reactive T cells. Tregs may be naturally produced or induced by chemokines, predominantly by the expression of Foxp3⁺. Mounting research exploring Treg interactions are elucidating not only the impact of Treg dysfunction in normal immune function, but also its interaction with vitamin D₃. [14]

In activated CD4⁺CD25⁻ Treg cells, vitamin D₃ inhibits the production of pro-inflammatory cytokines including IFN- γ and IL-17. In the presence of IL-2, it upregulates the expression of CTLA-4 and Foxp3⁺. T cells that were treated with 1,25(OH)₂D₃ possessed characteristics of adaptive regulatory T cells because they were able to repress the proliferation of normally responsive T cells. Therefore, IL-2 and active vitamin D₃ are suspected to synergistically interact as both inducers of adaptive Tregs and potent suppressors of inflammation. [15] Results from a different study reveal that active vitamin D₃ alone can enhance the potency of human natural regulatory T cells (nTregs). By upregulating Foxp3⁺ and intervening in the cell cycle, active vitamin D₃ serves as a catalyst that amplifies Treg suppressive efficiency. [16] A recent study by Gorman et al confirms these observations, reporting dietary vitamin D₃ inducing Treg cell proliferation in the skin-draining lymph nodes, spleen, and blood and increasing their suppressive capacity against dermal inflammation. [17]

In addition, when administered with immunosuppressive glucocorticoids, 1,25(OH)₂D₃ stimulated the production of a homogeneous generation of CD4⁺/CD25⁺ Tregs in vitro that produce IL-10. These cells IL-10-dependently repress inflammation in the central nervous system, providing a promising outlook for Treg application in immunotherapy. [18]

Overall, the hormone generally enhances the

innate branch and suppresses the adaptive branch. These controlled and differentiated pathways prove vitamin D's critical role in modulating immune responses (Figure 1).

Vitamin D as an Inflammatory and Transcriptional Modulator

It is known that vitamin D₃ ameliorates inflammation by repressing pro-inflammatory cytokine production in Treg cells. However, its anti-inflammatory effect also arises from its ability to modulate the release of autocrine and paracrine repair factors in fibroblasts – cells integral to the tissue repair process that often dysfunction in asthma and chronic obstructive pulmonary disorder (COPD). Serum 25(OH)D and 1,25(OH)₂D₃ both drastically reduce pro-inflammatory prostaglandin (PGE)₂ synthesis in human lung fibroblasts, and both also decrease IL-1β-induced microsomal PGE synthase (mPGEs)-1 expression. Moreover, both forms could effectively stimulate 15-hydroxy PG dehydrogenase, the enzyme responsible for degrading PGE₂ and thus terminating the inflammatory reaction. Through this pathway, vitamin D could enhance fibroblast-involved tissue repairs. [19]

COX-2, an isoform of inducible cyclooxygenase (COX), plays a role in chronic inflammatory disorders by generating the family of prostanoids that enhance inflammation. Activated vitamin D₃ has been found to

dose-dependently limit the expression of both COX-2 and LPS-induced pro-inflammatory particles in murine macrophages, effectively reducing regional inflammation in murine edema. Studies illustrate that vitamin D silences the Akt/NF-κB/COX-2 pathway, which reduces macrophage-involved inflammation. [20] Vitamin D₃ also dampens the inflammatory response further by repressing the production of prostaglandin receptors responsible for communicating the inflammatory message. [21]

Though activated 1,25(OH)₂D₃ is involved in numerous signaling mechanism, it also impacts the immune system upstream by modulating transcription. The hormone binds to the nuclear ligand-activated vitamin D receptor (VDR). This receptor complex, with additional co-regulatory proteins, forms a heterodimer with the retinoid X receptor (RXR) and stimulates vitamin D response elements (VDREs)—distinct promoter regions of target gene DNA— to upregulate gene expression. [22] VDR complexes have been shown to bind with VDREs located in the genes of IL-10, IL-2, and IL-12B to downregulate the expression of these genes in LPS-treated human monocytes. Because each of these genes share common VDREs that recruit the receptor complex, the transcription of these listed cytokines may be governed directly by activated vitamin D₃. [23]

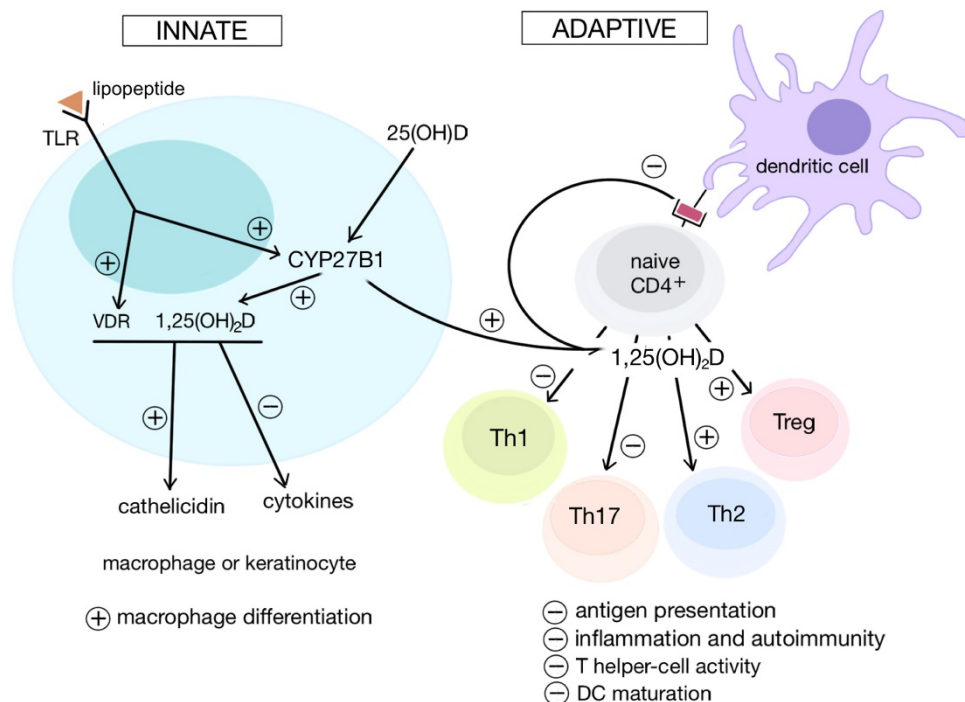


Figure 1. Illustration of the changes that vitamin D elicits in both the innate and adaptive branches of the immune system. Generally, vitamin D enhances innate immunity by promoting macrophage differentiation and the production of various chemokines. In contrast, the adaptive immune system is repressed. Vitamin D inhibits the antigen-presenting abilities of certain cells and upregulates T regulatory cell levels to stifle T cell proliferation. In this manner vitamin D combats inflammation and autoimmune responses.

Vitamin D₃ also changes the expression of target genes in immune cells by regulating transcription factors such as the constitutively-expressed nuclear factor kappa B (NF-κB) protein complex. In the presence of vitamin D₃, the levels of both the factor and its precursor dropped. In addition, vitamin D₃ triggers signaling pathways such as the Janus kinase-signal transducer and activator of transcription. These transcription factor dynamics reveal that NF-κB *de novo* synthesis occurs during the activation of lymphocytes and is potentially directed by hormone interactions. [24] Repeated trials reveal that 1,25(OH)₂D₃ downregulates the NF-κB levels in activated human lymphocytes. [24] Its inhibitor, IκB, localizes the inactive form of NF-κB in the cytosol to prevent its natural localization sequences from being recognized for transport into the nucleus. After pro-inflammatory stimuli impact the cell, IκB is phosphorylated and subsequently ubiquitinated before becoming degraded by a proteasome. Subsequently, freed NF-κB factors travel to the nucleus and activate the transcription of pro-inflammatory cytokines and enzymes that synthesize pro-inflammatory mediators such as COX-2. [25]

A study conducted by Zhang et al. identified mitogen-activated protein kinase phosphatase-1 (MKP-1) as a novel vitamin D pathway that suppresses LPS-induced p38 activation and regulates human monocyte production of pro-inflammatory cytokines IL-6 and TNF-α. This effect was marked by active histone H4 acetylation at certain VDREs in MKP1 promoter locations. [26] Similar experiments have found that 1,25(OH)₂D₃ also upregulates mitogen kinase phosphatase MKP-5, leading to the same inactivation of the p38 kinase pathway and the subsequent decrease in the synthesis of pro-inflammatory IL-6. [21]

Immune-Mediated Disorders and the Role of Vitamin D in Their Progression and Treatment

Psoriasis, a hyperproliferative skin disease, is characterized by red, itchy patches often found on the outer face of joints. Psoriatic lesions are thick and erythematous plaques covered by flaky, silvery scales. Histological features are characterized by increased proliferation of keratinocytes and leukocytes in the epidermis, a large number of infiltrated inflammatory cells in the dermis, and increased vasculatures. [27] The condition is still of unknown etiology, for the antigens activating psoriatic T cells have still not been confirmed. Initially, psoriasis was attributed solely to

autoreactive Th1 and Th17 cells because the plaques included high levels of IL-12, IL-22, IL-26, and TNF-α, the characteristic chemokines of helper T cells. [28, 29] However, also present in the lesions were elevated levels of IL-23, the product of dendritic cells and certain macrophages. [30]

Extensive studies sufficiently substantiate the role of the Th17 cell in the pathogenesis of psoriasis. Naïve CD4 T cells differentiate into Th17 cells after they are activated by the antigens of antigen-presenting dendritic cells. Th17 cells then migrate to the skin after their chemokine receptors are expressed and bound with ligands. Cytokines, such as IL-23, derived from antigen-presenting cells activate Th17 cells to produce IL-17 cytokines. IL-17 cytokines further generate inflammation by activating stromal cells to produce other inflammatory mediators. [31]

The epidermal layer of the skin houses a thick network of a unique subset of dendritic cells called Langerhans cells. 1,25(OH)₂D₃ effectively prevents human skin Langerhans cells from stimulating antigen-dependent T-cells and triggering their proliferation. Therefore, vitamin D may be responsible for skin immunosuppression. [32] Successive studies tracked the production of cytokines of T-cell clones from psoriatic skin samples post-activation. Vitamin D₃ inhibited T cell proliferation and blocked the synthesis of Th1 chemokines IFN-γ, IL-2, IL-4, and IL-5. Therefore, the results propose that active vitamin D₃ combats psoriasis by halting the proliferation and cytokine activity of T lymphocytes stationed in the skin. [33]

Significant results by Grishkan et al provide several landmark observations regarding helper T cells in multiple sclerosis, opening many methods to combatting autoimmune diseases. In a murine EAE (experimental autoimmune encephalomyelitis) model, vitamin D₃ prevents encephalitogenic T cells from breaching the CNS without impacting their activation. Additionally, 1,25(OH)₂D₃ sustains leukocytosis without inducing the development of T regulatory cells or confining Th cells to the lymph nodes. T cells of 1,25(OH)₂D₃-treated mice were unable to cross the blood-brain barrier, a key target vehicle of encephalitis. Because 1,25(OH)₂D₃ repression of EAE is reversible when treatment ceases, the data indicates that active vitamin D₃ might influence a target with rapid turnover, notably pathogenic T cells. [34]

Atopic dermatitis or eczema is another chronic inflammatory skin disease, producing splotchy, raised lesions lining the inside of joints and along the arms, legs, and neck. The skin lesions are characterized by prominent infiltrates of mononuclear cells in the

dermis and intercellular edema in the epidermis. Clinical studies indicate that oral vitamin D supplements dramatically ameliorate the severity of atopic dermatitis. [35, 36] Eczema arises from a combination of factors compromising both the epidermal barrier and the expression of antimicrobial peptides. A VDR agonist was reported to mobilize Foxp3-expressing regulatory T cells in mice. The same VDR-agonist-treated skin lesions revealed marked increase in antimicrobial peptide expression. There exists, therefore, evidence supporting VDR agonists as a systemic treatment for allergen-triggered eczema. [37] These observations, paired with recent meta-analyses of eczema patients, suggest that vitamin D₃ maintains the usual antimicrobial protection that is absent during pathogenesis. [38]

Vitamin D as a Cancer Suppressor

Ample evidence demonstrates the role of 1 α ,25(OH)₂D₃ as a marked anticarcinogenic agent. In addition to preserving DNA integrity from oxidative damage and activating apoptotic pathways, it also hinders cell proliferation and promotes differentiation. [39] Unsurprisingly, vitamin D₃ deficiency is associated with worsened melanoma-specific incidence, prognosis, and mortality. [40] Many examples illustrate the therapeutic impact vitamin D₃ exerts on various skin cancers, primarily through the many signaling pathways it can induce and suppress.

The expression of vitamin D receptor (VDR) declines as pigmented skin lesions progress. According to the results of Brozyna et al, melanocytic nevi already exhibit a sharp drop in the expression of VDR, with levels reduced further as they progressed toward melanomas and metastasis. Importantly, tumor-infiltrating leukocytes maintained high counts of VDR. The authors suggest a linkage between melanocytic lesion progression and the decrease in VDR levels, proposing that VDR expression deteriorates as melanogenesis continues. [41] A later immunohistochemical analysis of 69 cutaneous melanomas further confirmed that VDR expression considerably declined as the cancers progressed. Decreased VDR expression accompanied ulceration and the presence of tumor-infiltrating lymphocytes. Higher VDR levels correlated with less aggressive cases and improved prognoses, a relationship that could help mark cells in histopathological assays. The drop in VDR expression hinders the normal regulatory effects of vitamin D₃, and it is this decreased regulatory activity that facilitates tumor growth and permits the progression of disease. [42]

Skin cells synthesize 1 α -hydroxylase (CYP27B1),

the enzyme that converts serum-25(OH)D to the activated form 1- α ,25(OH)₂D₃. Compared to radial phase tumors and nevi, the more progressed vertical growth phase samples and metastasized melanomas expressed far less CYP27B1 and correlated with shorter survival spans. Additional evidence shows that advanced lesion skin tissues failed to sufficiently produce CYP27B1 as well. Therefore, compromised CYP27B1 serves as a potent gauge of the progression of melanoma. [43]

Perpetually activated in melanoma, transcription factor NF- κ B serves as a potent marker to target in cancer treatment. Vitamin D₃ suppresses melanoma proliferation, halting NF- κ B activity of nonpigmented cells without impacting pigmented cells. The lack or dearth of pigment corresponds with higher NF- κ B p65 expression; hence, melanin pigmentation correlates with melanoma resistance to hormone therapy. Vitamin D₃ derivatives block the binding of the NF- κ B complex to both DNA and NF- κ B-dependent reporter assays. Recent progress on 1 α ,25(OH)₂D₃ and its newer hydroxyderivatives are capable of pinpointing NF- κ B to control the progression of nonpigmented melanoma cells. [44]

Compared to normal melanocytes, melanoma cells also increased expression of a different transcription factor, RUNX2. Melanoma cell lines knockout for RUNX2 displayed suppressed Focal Adhesion Kinase (FAK) expression, which consequently hindered growth and mobility. Cholecalciferol, precursor to active vitamin D₃, repressed melanoma cell migration by reducing the transcriptional activity of RUNX2, demonstrating another link tying vitamin D₃ to carcinoma metastasis. [45]

Another class of compounds that tumor cells manufacture are matrix metalloproteinases, notably MMP-9 and MMP-13, which enhance their growth and promote metastasis. This production is accelerated when cells are exposed to TNF- α . The synthetic vitamin D analog calcipotriol suppresses MMP-9 and MMP-13 expression by preventing phosphorylation of their respective p38 and ERK pathways concomitantly. [46]

Constitutive Hedgehog (HH) signaling is active in basal cell carcinoma (BCC) and other tumor growths. Vitamin D₃ inhibits HH signaling by suppressing target gene Gli1 mRNA and also prevents BCC proliferation in vitro and in vivo—a behavior resembling that of cyclopamine, a known HH signaling inhibitor. A unique aspect of this HH pathway is how it operates independently of VDR; HH was still inhibited despite the VDR RNA knockout that prevented the expression of activating

enzyme 24-hydroxylase. Thus, administering vitamin D₃ topically may effectively counter BCC by inhibiting the HH mechanism. [47]

Fibroblast growth factor-2 (FGF-2) is a potent angiogenesis inducer and tumor growth promoter. Its chaperone, heparin-binding protein 17/fibroblast growth factor binding protein-1 (HBp17/FGFBP-1), presents itself as strong cancer biomarker because it is often upregulated in several cancer lines, notably oral squamous cell carcinomas (OSCC). Because HBp17/FGFBP-1 is vital to both FGF activation and its release from the extracellular matrix, the chaperone may also facilitate cancerous angiogenesis. [48] By decreasing levels of HBp17/FGFBP-1, 1 α ,25(OH)₂D₃ prevents the secretion of fibroblast growth factor (FGF-2) from oral squamous carcinoma tissue. This poses remarkable implications for developing drugs against FGF-dependent cancers. [49] The signaling pathways and chemokines vitamin D induces to counter various autoimmune conditions and cancers are summarized (Table 1).

Treatment

Despite the range of tumerostatic properties of vitamin D, its high-dose toxicity risk of hypercalcemia renders it an unreliable cancer treatment regimen. Combination therapy using cisplatin and anti-resorptive bisphosphonates has been attempted yet has yielded limited gains. As a result, the search continues for non-calcemic 1,25(OH)₂D₃ analogs that effectively combat cell proliferation. [50]

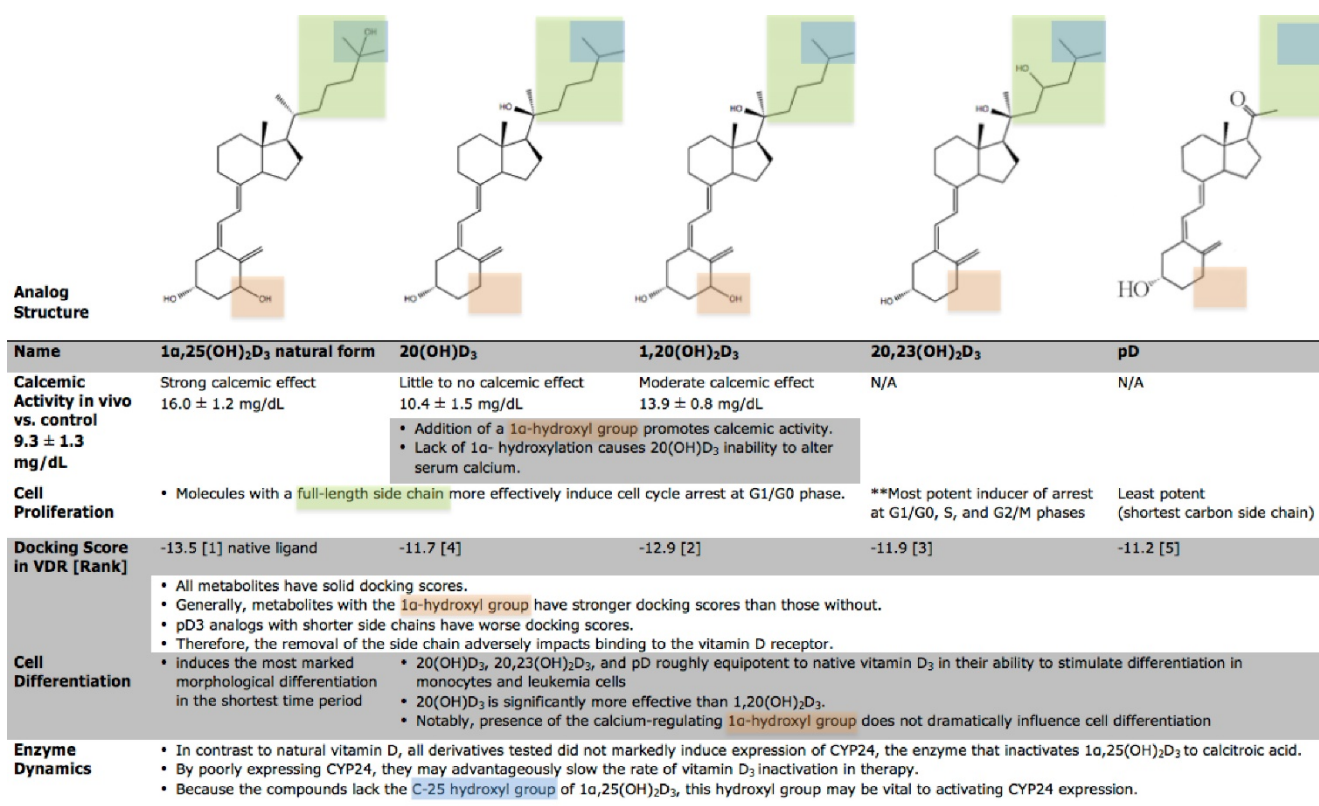
Assays conducted by Slominski et al delineate the relative calcemic effects and antiproliferative efficiencies of vitamin D-similar secosteroids synthesized by cytochrome P450_{scc}. Analogs 20,23(OH)₂D₃, 20(OH)D₃, and 1,20(OH)₂D₃, carrying the entire side chain of 1,25(OH)₂D₃, were most effective at arresting cells at the G1/G0 phase. [51] These compounds equipotently stimulated erythroid differentiation in MEL murine leukemia as well as K562 human chronic myeloid cells. Notably, none of the tested hydroxyderivatives significantly induced the expression of CYP24, a major enzyme responsible for inactivating vitamin D. Therefore, P40_{scc}-produced analogs with slower inactivation rates and reduced calcemic activity may unlock new pharmacologically advantageous vitamin D alternatives (Figure 2).

Studies reveal that 1,25(OH)₂D₃ upregulates the production of p21, a prominent cyclin-dependent kinase inhibitor 1, in squamous carcinoma cells (SCC) on the head and neck regions. Gedlicka et al confirmed that the termination of the cell cycle

occurred between G0/G1 phase by demonstrating a clear transformation of hyper-phosphorylated cyclin-CDK complexes to their hypo-phosphorylated conformations in the presence of vitamin D₃. [52] MART-10, another vitamin D analog, more potently arrests the cell cycle compared to its parent hormone without effectuating hypercalcemia in vivo. It upregulates genes p21 and p27 while severely downregulating the expression of telomerase. This halt between G0 and G1 phase hinders the growth of squamous carcinoma cells. [53]

Table 1. Summary of immunological impacts of vitamin D and analogs in various diseases.

Condition	Immunological role of vitamin D/analogs/precursors
Lupus erythematosus	stimulates apoptosis in activated B cells represses B cell proliferation and immunoglobulin production
Asthma and COPD	reduces prostaglandin (PG)E2 synthesis in lung fibroblasts decreases IL-1 β -induced microsomal PGE synthase (mPGES)-1 expression stimulate 15-hydroxy PG dehydrogenase, which degrades PGE2 and terminates the inflammatory reaction
Psoriasis	prevents skin Langerhans cells from stimulating T-cell proliferation stationed in the skin blocks synthesis of Th1 chemokines IFN- γ , IL-2, IL-4, IL-5
Multiple sclerosis [murine EAE]	prevents self-reactive T cells from breaching the CNS without affecting their activation sustains leukocytosis without inducing development of T regulatory cells
Atopic dermatitis	upregulates antimicrobial peptide expression increases Foxp3 ⁺ -expressing T regulatory cell levels
Melanoma	suppresses melanoma proliferation blocks binding of the NF- κ B complex to both DNA and NF- κ B-dependent reporter assays halts NF- κ B activity of nonpigmented cells without impacting pigmented cells inhibits melanoma cell migration by reducing transcriptional activity of RUNX2
Squamous carcinoma	represses secretion of FGF-2, angiogenesis inducer and tumor promoter upregulates p21, prominent cyclin-dependent kinase inhibitor downregulates expression of telomerase halts G0/G1 phase stimulates caspase 8/10-caspase 3 apoptosis mechanism decreases production of apoptosis inhibitors XIAP and BIRC2
Basal cell carcinoma	inhibits HH signaling by suppressing target gene Gli1 mRNA *operates independently of VDR, can be administered topically



Results from Slominski, A. T., et al. (2010). "Products of vitamin D3 or 7-dehydrocholesterol metabolism by cytochrome P450scc show anti-leukemia effects, having low or absent calcemic activity." *PLoS One* 5(3): e9907.

Figure 2. Comparable properties of vitamin D₃ derivatives. Hydroxyl-derivatives of 1α,25(OH)₂D₃ typically produce the same effects as 1α,25(OH)₂D₃ in cell differentiation and proliferation using a conserved mechanism across various monocyte, melanoma, and leukemia cell lines. The differences in their functionality can be attributed to their chemical structure. Unlike 1α,25(OH)₂D₃, these newly-identified secosteroids demonstrate little to no calcemic activity while preserving their anti-cancer properties. The noticeably low calcemic activity and high effectiveness of 20(OH)D₃ warrant it special consideration for future applications in treatment.

A recent study by Spath et al acknowledges the versatility of the different paths vitamin D₃ implements to manipulate the cell cycle and stunt melanoma growth. Vitamin D₃ halted varying melanoma strains in G1 and G2 phase by upregulating and downregulating different cyclins (A1, B1, D1) specific to each individual strain. The findings propose that vitamin D₃ recruits a range of regulatory mechanisms across different cell lines that ultimately impair melanoma growth. [54]

Aminolevulinic acid photodynamic therapy (ALA-PDT) can treat a variety of cancers, though it still fails to treat deeper, larger tumors. Evidence reports that pretreating cancerous cells with active vitamin D₃ improved ALA-PDT results in mice squamous skin cancer by accelerating post-ALA-PDT apoptosis. [55] The hormone, in low doses, easily enhanced the accumulation of PpIX, the ALA-PDT photosensitizer, and upregulated TNF-α in epithelial tumors concomitantly. Such results broaden the therapy's potential clinical scope.

A different analog, inecalcitol, exhibits marked antitumor behavior. The metabolite prompts apoptosis in a murine model of SCC not only by stimulating the caspase8/10-caspase 3 mechanism but also by attenuating the production of apoptosis inhibitors XIAP and BIRC2. Interestingly, however, such efficiencies vanish in vivo, when inecalcitol doses elicit vitamin D-similar hypercalcemia. Speculation of this phenomenon revolves around inecalcitol's shorter half-life, yet much research remains to be done. [56]

Conclusion

As demonstrated, the role of 1,25(OH)₂D₃ in immunomodulatory mechanisms is pivotal to normal immune function. The hormone regulates the expression of various pro-inflammatory cytokines, transcription factors, and lymphocyte chemokines. By acting as either a direct anti-inflammatory compound, a transcriptional-regulating receptor complex, or a signaling pathway stimulus, vitamin D₃ effectuates a

broad range of changes with the presence of VDR in a majority of cells. A decrease in the presence of vitamin D receptors correlates with a worsening prognosis and steady progression of melanomas, metastasis, and autoimmune disorders. As our knowledge base elucidates the intricate ways with which vitamin D can shape the innate and adaptive immune responses, we may develop an improved class of treatment derivatives lacking a strong calcemic effect. Clinical evidence demonstrating vitamin D's palliative properties continues to gain traction, and effective 1,25(OH)₂D₃ analogs show promise as potential treatment alternatives.

Competing Interests

The authors have declared that no competing interest exists.

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